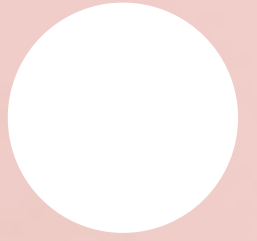
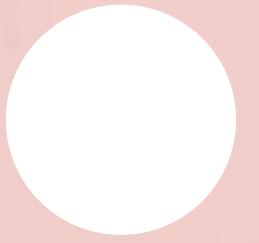
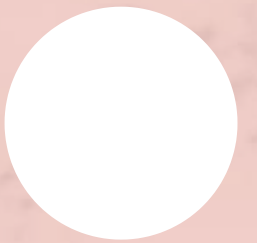


# going for the goals

## THIS WEEK'S 3 GOALS



## THE SPECIFIC STEPS I NEED TO TAKE

## NOTES TO SELF

let's do this!